

### **Beauty day "Derniere Touche":**

€ 102,00 per person

- 01 Wellness circuit: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 Cosmetic Manicure (45')
- 01 Relaxing Massage with essential oils to reduce stress and relieve tension (60')
- 01 Body Solarium
- Relax tasting an herb tea

### **Beauty day "Jewel":**

€ 171,00 per person

- 01 Wellness circuit: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 "Satin Silk Skin", body gommage for a soft skin, followed by a relaxing, moisturizing massage (90')
- 01 "Perfect Visage": face cleaning treatment that protects, moisturizes and relaxes your skin (60')
- Relax tasting an herb tea

### **Beauty day "A wave of youth":**

€ 135,50 per person

- 01 Wellness circuit: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 "Bermuda-hot and cold": localized, anti-cellulite treatment (60')
- 01 "Sea Essential Jeunesse" (50'): anti ageing facial treatment
- Relax tasting an herb tea

### **Beauty day "A special evening":**

€ 150,00 per person

- 01 Wellness circuit: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 "Perfect Visage": face cleaning treatment that protects, moisturizes and relaxes your skin (60')
- 01 Revitalizing massage with citrus fruit oil essence (30')
- 01 Manicure (45')
- 01 Pedicure (45')
- Relax tasting an herb tea

## **NEW FOR MEN - Beauty day "Business in relax":**

€ 100,00 per person

- 01 Wellness circuit: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 relaxing body massage made with essential oils (60')
- 01 invigorating facial massage made with special products for men (30')
- Relax tasting an herb tea

## **Beauty day "Legs wellness":**

146,50 per person

- 01 Wellness circuit: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 Draining legs massage (30') + 01 feet relaxing massage (30'): to stimulate the venous lymphatic circulation, reduce water retention and feel completely relaxed
- 01 Draining compress + Pressure therapy: legs treatment program for a lymph draining effect (60')
- Relax tasting an herb tea

## **Beauty weekend "Beautiful, inside and outside":**

€ 141,00 per person

- 02 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 "Sea Essentiel Jeunesse" (50'): anti ageing facial treatment
- 01 Relaxing Massage with essential oils to reduce stress and relieves tension (60')
- 01 Face Solarium
- Relax tasting an herb tea

## **Beauty weekend "Lightness and dream":**

€ 140,50 per person

- 02 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 tonic, energizing massage made with sandal essence oil (60')
- 01 remineralizing or soothing compress made in the antigravitational tub (tub is 38°C warm): to stretch your spine and relax your muscles and mind
- Relax tasting an herb tea

## Beauty weekend "Remise en forme":

€ 205,00 per person

- 02 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 "Satin Silk Skin", body gommage for a soft skin, followed by a relaxing, moisturizing massage (90')
- 01 personalised facial treatment Sea Essentiel chosen among moisturizing, purifying and sensitive skin (50')
- 01 special eye contour (30')
- Relax tasting an herb tea

## Beauty and relax Week "Elixir di giovinezza":

€ 525,00 per person

- 06 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 Ayurveda (60'): technique of Indian origin which relaxes muscular tension
- 01 Shiatsu (60'): therapeutic oriental technique of digital pressure
- 01 "Satin Silk Skin", body gommage for a soft skin, followed by a relaxing, moisturizing massage (90')
- *For ladies:* 02 "Fermeté": firming and contouring body treatments (60')  
*For men:* 02 body massages (60')
- 02 "Sea Essentiel Jeunesse": anti ageing facial treatment (50')
- 03 Body solarium
- Relax tasting an herb tea

## Beauty and relax Week "Magic Atmosphere":

€ 550,00 per person

- 06 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 "Satin Silk Skin", body gommage for a soft skin, followed by a relaxing, moisturizing massage (90')
- 01 "Perfect Visage": face cleaning treatment that protects, moisturizes and relaxes your skin (60')
- 01 facial treatment Sea Essentiel "Hydratant" or "Purifiant"
- 02 remineralizing or soothing compress made in the antigravitational tub (tub is 38°C warm): to stretch your spine and relax your muscles and mind
- *For ladies*: 03 "Bermuda- hot and cold": anti-cellulite treatment specific for your legs and buttocks (60') – *For men*: 03 body massages (60')
- Relax tasting an herb tea

## Our news for 2009...

*to feel good...*

### Beauty and relax Week "Slim and fit"

(recommended for women)

€ 505,00 per person

- 06 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 "Satin Silk Skin", body gommage for a soft, bright skin (40')
- 01 "Remise en Forme": revitalizing and remineralizing body wrapping (60')
- 03 "Cocoon Minceur": slimming body treatment made with algae or with a gel wrapping (60')
- 03 "Sea Essentiel Jeunesse": anti ageing facial treatment (50')
- Relax tasting an herb tea

*To fight pollution and stress*

### Beauty and relax Week "Detoxifying"

€ 490,00 per person

- 06 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 Spa Peeling, exfoliating massage for a clean, silky skin in 50 minutes of real wellness (50')
- 01 "Detox": detoxifying body treatment made with lyophilized algae wrapping (60')
- 01 "Remise en Forme": revitalizing and remineralizing body wrapping (60')
- 03 personalised facial treatments "Sea Essentiel" chosen among moisturizing, purifying and sensitive skin (50')
- 02 relaxing massages with essential oils to reduce stress and relieve tension (60')

## Our proposals for two...

### Beauty Day "My mother and me"

€ 189,00

- 02 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer

#### For mothers:

- 01 invigorating facial massage to restore moisture, brightness and elasticity of your skin (30')
- 01 revitalizing massage with citrus fruit oil essence (30')
- 01 cosmetic manicure (45')

#### For daughters:

- 01 facial treatment specific for young skin (30')
- 01 body massage with almond or camomile oil (30')
- 01 cosmetic manicure (45') or, in case of little girl, 01 manicure + 01 pedicure (45')
- Relax tasting an herb tea

### Beauty Day "Just you and me"

€ 245,00

- 02 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer

#### For each person:

- 01 invigorating facial massage to restore moisture, brightness and elasticity of your skin (30')
- 01 relaxing body massage to reduce stress and relieve tension (60')
- 01 special eye contour treatment (15')
- Relax tasting an herb tea

## Beauty Day "Friends"

€ 130,00 per person

- 01 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer
- 01 "Perfect Visage": face cleaning treatment that protects, moisturizes and relaxes your skin (60')
- 01 "Spa Peeling", exfoliating massage for a clean, silky skin in 50 minutes of real wellness (50')
- Relax tasting an herb tea

## Beauty Day "Like sisters"

€ 335,00

- 02 Wellness circuits: swimming pool with hydro massages, Thermarium area with sauna, Turkish bath and tropical showers, relax room, fitness area with a personal trainer

### For mothers:

- 01 "Satin Silk Skin", body gommage for a soft skin, followed by a relaxing, moisturizing massage (90')
- 01 "Sea Essentiel Jeunesse": anti ageing facial treatment (50')

### For daughters:

- 01 "Perfect Visage": face cleaning treatment that protects, moisturizes and relaxes your skin (60')
- 01 "Mass'actif", a specific anti cellulite, draining massage for your legs (60')
- 01 relaxing feet massage (30')
- Relax tasting an herb tea